Special Event Pro TKD Demonstration from Korea & Cultural Performance

SEPT. 20 (SAT) 2014

D.C CONVENTION CENTER EVENT HALL

801 Mt Vernon Place NW, Washington, DC 20001 Near Mt. Vernon Square 7th St. Convention Center Metro Station







뉴욕관광공사













Ho Young Ahn President, Grand Master Jhoon Rhee Chairman, Grand Master Koang Woong Kim Director, Grand Master Moon Hyeong Lee

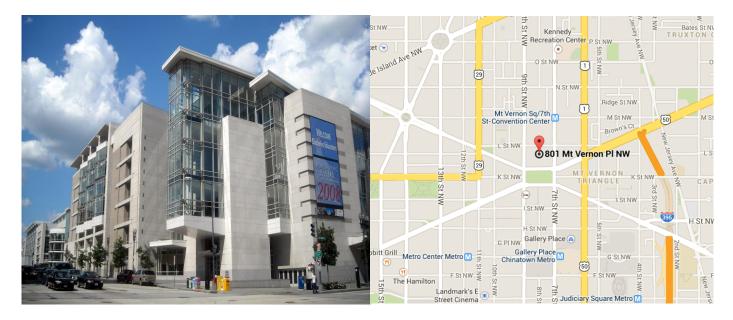
Hon. President, Korean Amb.

Supervised by KTAUSA in Great Washington, VA and MD/ USAT in VA and MD Hosted by KTAUSA (Korean Taekwondo Association of USA) www.welovemasterlee.com Tel. 301-725-2121 / 703-680-2962 / 703-629-1288 / Fax: 703-426-5501



DIRECTIONS TO THE TOURNAMENT

801 Mt Vernon PI NW, Washington, DC 20001



The Walter E. Washington Convention Center is located between 7th and 9th Streets and N Street and Mt. Vernon Place in downtown DC, right across from Carnegie Library at Mt. Vernon Square.

From Baltimore	From New York
Take MD-295 S/Baltimore-Washington Pkwy	Take the I-95 S exit toward Turnpike S
Take New York Ave NE to Mt Vernon Pl NW in	Continue onto US-40 W/New Jersey Turnpike S
Washington	Keep right to continue on I-895 S, follow signs for
Take the ramp onto US-50 W/New York Ave NE	Baltimore Harbor Tunnel Thruway/Annapolis
Continue to follow New York Ave NE	Take exit 4 to merge onto MD-295 S toward Balt
Continue onto Mt Vernon Pl NW	Pkwy/Wash Pkwy/Bwi Airport
Destination will be on the right	Take New York Ave NE to Mt Vernon PI NW in
	Washington
	Take the ramp onto US-50 W/New York Ave NE
	Continue to follow New York Ave NE
	Continue onto Mt Vernon Pl NW
	Destination will be on the right
From Pennsylvania	From Richmond
Drive from I-83 S, I-695 W and	Take I-95 N to Washington
MD-295 S to 2, Bladensburg	Follow signs for Interstate 395 N/Interstate 495 N/Tysons
Take New York Ave NE to Mt Vernon Pl NW in	Corner
Washington	Continue onto U.S 1 N
Take the ramp onto US-50 W/New York Ave NE	Take 12 th St. exit from South West Fwy
Continue to follow New York Ave NE	Turn right onto L St NW
Continue onto Mt Vernon Pl NW	Continue onto Massachusetts Ave. NW
Destination will be on the right	Continue onto Mt Vernon Pl NW
	Destination will be on the left



Greetings



Dear Taekwondo Brothers and Sisters:

It is a great honor for me to serve as the tournament president of the 1ST Korean Ambassador's Cup KORUS Taekwondo Championship, scheduled on September 20, 2014, at the Washington Convention Center in North West Washington DC. The event will begin at 10:00 AM. I look forward to seeing you all.

I would like to take advantage of this opportunity to share some philosophical points of Taekwondo. When I first became a Taekwondo instructor, I claimed that martial art is a philosophy which can be very instrumental in developing our youth through mental discipline and physical conditioning. However, I had a difficult time justifying how punching and kicking could be a philosophy.

In the early 1970s, I was writing a column for Black Belt magazine. The editor called on me to write an article explaining Taekwondo as a philosophy. At first, I was having trouble trying to explain this. During three months of research, I was able to develop the article, "Seven Qualities of a Champion," which has become well known among martial artists of all styles. The article explains how punching and kicking can be a philosophy.

There are seven physical qualities such as power, speed, timing, patience, balance, flexibility, and posture developed before one can becomes a taekwondo champion. By the same token, there are corresponding seven human qualities of a human champion, such as knowledge in place of power, quick thinking in place of speed, punctuality in place of timing, sense of perseverance in place of endurance, balancing body, character, and mind in place of physical balance, kindness in place of flexibility, mental posture in place of physical posture. This is how Taekwondo can be described as a philosophy.

I hope all Taekwondo students will show good sportsmanship and sincerely hope everybody is careful throughout the day. I hope everybody will do their best to his or her ability to become a champion in life and taekwondo. I want everyone to know you can become anything you want to be, but only if you want, because you all were born a genius.

"A genius is made by one percent inspiration and 99 Percent perspiration." Thomas Edison

Sincerely Yours,

Joongoo Rher

Tournament President. Grand Master Jhoon Rhee



Invitation

June 11, 2014



Dear Sir or Madam

I would like to cordially invite you to The 1st Korean Ambassador's Cup KORUS Tae Kwon Do Championship

The 1st Korean Ambassador's Cup KORUS Tae Kwon Do Championship will start this year and will be held biennially with the object of strengthening martial arts spirit and good sportsmanship.

This championship will invite the Korean Professional Tae Kwon Do Demonstration Team and they were invited in hopes that their high quality demonstrations would help you in improving your Tae Kwon Do skills.

We are proud to hold the first championship in our nation's capital, Washington DC. We hope you take advantage of this opportunity to enjoy the championship as well as the atmosphere that the city has to offer.

Please be present at this event which shall be a festival to share Tae Kwon Do techniques and build new friendships.

Sincerely,

Muan A Lin

Tournament Director. Grand Master Moon Hyeong Lee



Tournament Schedule

Time	Program
6:40 AM	VOLUNTEER & STAFF MEETING AT THE DOOR
7:00 AM	TOURNAMENT SET UP
8:00 AM	REGISTRATION
9:00 AM	REFEREE MEETING
9:30 AM	OPEN TO ALL COMPETITORS AND SPECTATORS
9:50 AIVI	COACH, STAFF, VOLUNTEER MEETING
10:00 AM	ALL FORM (Yellow, Green, Blue, Red, Black)
11:30 PM	OPENING CEREMONY SET UP
12:00 PM	OPENING CEREMONY
12:30 PM	KOREAN TKD DEMONSTARTION
1:30 PM	SPARRING SET UP
2:00 PM	ALL SPARRING (Yellow, Green, Blue, Red, Black)
7:30 PM	Award Ceremony & Closing

AWARDS

POOMSE (FORM)	1 st , 2 ND , 3 RD (2)	Beautiful Medal & Certificate	e will be awarded
GYOROOGI (SPARRING)	1 st , 2 ND , 3 RD (2)	Beautiful Medal & Certificate	e will be awarded
SCHOOL AWARDS	1 ST PLACE (AMBASSA	DOR AWARD) VICTORY FLAG 8	& 1 ST VICTORY CUP
	2 ND PLACE (TOURNAM	MENT PRESIDENT AWARD)	2 ND VICTORY CUP
	3 RD PLACE (TOURNAN	/IENT CHAIRMAN AWARD)	3 RD VICTORY CUP
	4 TH PLACE (TOURNAN	IENT DIRECTOR AWARD)	PARTICIPATION CUP

***POINT SYSTEM: 1ST PLACE (4 PTS), 2ND PLACE (3 PTS), 3RD PLACE (2 PTS), ALL OTHER COMPETITORS (1 PTS)**

SPECIAL AWARDS

GOLD AWARDS	30 OR MORE STUDENTS			
SILVER AWARDS	20 – 29 STUDENTS			
BRONZE AWARDS	10 – 19 STUDENTS			



Official Competitor Entry Form

Date: Saturday, September 20th, 2014
Place: D.C Convention Center, 801 Mt Vernon Place NW, Washington, DC 20001
Fees: Preregistration by mail Postmarked no later than Sept 10th, 2014. No personal checks. Cash, Cashier's checks or Money Orders ONLY! Make payable to Hyun S. Lee
Preregistered: \$80 for 1 event, \$100 for 2 event <u>*NO REFUNDS AFTER REGISTRATION*</u>
Registration at the door: \$100 for 1 event, \$120 for 2 events
Send to: Hyun S Lee (9105-J All Saints Rd, Laurel MD 20723)
*Only Open (Modified rule) Competitors' applications will be accepted at the door.
**We will not accept Elite competitors' applications at the door.

COMPETITOR INFORMATION

Last Name		First Name					
Gender	🗆 Male 🗆	Female	Age		DOB		
Belt Color/Kub	Color	Kub	Weight	lbs	Height	Ft.	in
Black Belt	🗆 1 st Dan	□ 2 nd Dan □	3 rd Dan	□ C	Dan	·	
Address							
City			State		Zip		
Email						·	
TKD School Name			Instructor	Name			
TKD School Location			TKD Schoo	l Phone			

Gyroogi (Sparring)		Poomse (Form)		
🗆 Elite (USAT Rule)	🗆 Open (Modified Rule)	WTF Form	Traditional Form (Creative / Pal Gwe / Traditional)	
For Elite Competitor:	Weight: lb. App	Grand Master /	/ Master's Signature required	

Mandatory Protective Sparring Equipment

WTF Approved Head Gear – Red/Blue Colored Protector / Forearm / Shin & Instep / Protective Cup / Mouth Guard

Waiver and Release or Liability: I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the 1st Korean Ambassador's Cup KORUS TKD Championship and hereby assume full responsibility for any and all damages, injuries, or loses that I may sustain or incur if any while attending or participating. I waive all claims against the promoters, operators, sponsors or staff of the 1st Korean Ambassador's Cup KORUS TKD Championship individually or otherwise for any claim for injuries that I may sustain. I fully understand that any medical treatment given with the championship must be signed by parent or legal guardian.

Signature:

Signature:

Date:



Official Master/Grand Master/Coach Entry Form

Please send application to: Hyun S Lee 9105-J All Saints Rd, Laurel MD 20723

Coaching Fees: Coach Passes are REQUIRED to be in the ring with your competitor during their event.

1 - 10 preregistered students – 1 Free Coach pass

11 – 20 preregistered students – 2 Free Coach pass

21 – 30 preregistered students – 3 Free Coach pass

Additional passes are \$30 (Excluding Master/Grand Master)

Preregistration by mail Postmarked no later than Sept 10th, 2014. No personal checks.

Cash, Cashier's checks or Money Orders ONLY! Make payable to Hyun S. Lee

More info: www.welovemasterlee.com / 301-725-2121 / 410-305-1100

MASTER/GRAND MASTER INFORMATION

LAST NAME:	
Phone Number:	
School Name:	

FIRST NAME	:		
Email:			
Location:			
	City	State	

COACH INFORMATION

Last Name			First Name			
Gender	🗆 Male	Female	Age		DOB	
Dan Certificate #			Rank	□ 1 st Dan □	2 nd Dan □ 3 rd	^d Dan 🛛 4 th Dan or higher
Address						
City			State		Zip	
Email						
TKD School Name			Instructor Na	ame		
TKD School Location			TKD School F	Phone		

Waiver and Release or Liability: I, the undersigned, do hereby voluntarily participate in the 1st Korean Ambassador's Cup KORUS TKD Championship and hereby assume full responsibility for any and all damages, injuries, or loses that I may sustain or incur if any while attending or participating. I waive all claims against the promoters, operators, sponsors or staff of the 1st Korean Ambassador's Cup KORUS TKD Championship individually or otherwise for any claim for injuries that I may sustain. I fully understand that my application fee is non-refundable. I consent that any picture furnished by me or any pictures taken of me in connection with the tournament can be used for publicity, promotion, or television showing; and I waive all compensation in regard, thereto. I further acknowledge that this martial arts competition is dangerous and can result in injury, I am in good health and physical condition to participate in this tournament. I further agree to surrender the pass upon request of the tournament official.

I have read and fully understand the above waiver.

Signature:

Date:



The 1st Korean Ambassador's Cup

KORUS Tae Kwon Do Championship

Official Volunteer Form

Please send application to:

Hyun S Lee						
9105-J All Saints Rd, Laurel MD 20723						
Please send application by mail Postmarked no later than Sept 10, 2014 More info: www.welovemasterlee.com / 301-725-2121 / 410-305-1100						
Please indicate in which capacity you will be attending the 1 st Korean Ambassador's Cup KORUS Tae Kwon Do Championship REFEREE UVOLUNTEER STAFF						
FIRST NAME:	LAST NAME:					
PHONE NUMBER:	EMAIL:					
For Referee only: Black Belt Dan #:	Age:					
□ International Referee Rank:	USA Referee Rank: Others:					
SCHOOL NAME:	SCHOOL NUMBER:					
SCHOOL LOCATION:						
	CITY STATE					
INSTRUCTOR:	INSTRUCTOR SIGN:					

There will be small appreciation grants provided to all REFEREES, VOLUNTEERS & STAFF Referee: \$80/person Volunteer: \$60/person Staff: \$60/person

*Price will cover food and parking fee

Waiver and Release or Liability: I, the undersigned, do hereby voluntarily participate in the 1st Korean Ambassador's Cup KORUS TKD Championship and hereby assume full responsibility for any and all damages, injuries, or loses that I may sustain or incur if any while attending or participating. I waive all claims against the promoters, operators, sponsors or staff of the 1st Korean Ambassador's Cup KORUS TKD Championship individually or otherwise for any claim for injuries that I may sustain. I fully understand that my application fee is non-refundable. I consent that any picture furnished by me or any pictures taken of me in connection with the tournament can be used for publicity, promotion, or television showing; and I waive all compensation in regard, thereto. I further acknowledge that this martial arts competition is dangerous and can result in injury, I am in good health and physical condition to participate in this tournament. I further agree to surrender the pass upon request of the tournament official.

I have read and fully understand the above waiver.

Signature:

Signature:

Date:____

(Parent or guardian if under 18 years old)



Poomse and Sparring Divisions

Poomse (Form) Divisions

In an effort to maintain consistency in competition, please wear the belt color corresponding with our ranking chart.

Age	5 & under	6 – 7	8 – 9	10 - 11	12 – 14	15 - 17	18 – 29	30 & Up
Gender		MALE FEMALE						
Rank	10 - 8 Kl	JB 7	& 6 KUB 5 & 4 KUB 3 – 1 KUB			POON	POOM & DAN	
Colors to Wear	White/Yellow Adv. Yellow		een/Purple dv. Green	Blue/Dark Adv. Bl		Brown/Red Adv. Red	Blad	ck Belt
Authorized Poomse	Taegeuk 1 Palgue 1 c Basic 1, 2 c Creative	or 2 or 3	egeuk 3 or 4 Igue 3 or 4 Creative	Taegeuk ! Palgue 5 Creati	or 6 P	aegeuk 7, or 8 algue 7, or 8 Creative	⁸ 2 nd – K 3 rd –	·Koryo eumkang Taebaek eative

Gyoroogi (Sparring) Divisions for OPEN Championship

No Head Contact for all belts & all ages

1 min / 2 rounds / 30 sec break

Age	Belt Color	Men's Weights	Women's Weights
5 and under		Light / Middle / Heavy	Light / Middle / Heavy
6-7	Yellow (10 - 8 Kub),	Light / Middle / Heavy	Light / Middle / Heavy
8-9		Light / Middle / Heavy	Light / Middle / Heavy
10-11	Green (7 - 6 Kub), Blue (5 - 4 Kub),	Light / Middle / Heavy	Light / Middle / Heavy
12-14	Red (3 - 1 Kub),	Light / Middle / Heavy	Light / Middle / Heavy
15-17	Black	Light / Middle / Heavy	Light / Middle / Heavy
18-32		Light / Middle / Heavy	Light / Middle / Heavy
33-Over		Light / Middle / Heavy	Light / Middle / Heavy



Elite Competitors – Ages (12 - 14) ALL BELTS / 1 min 30 sec, 2 rounds, 30 sec break / Light Head Contact

DIVISION	MEN'S WEIGHT (LBS)	WOMEN'S WEIGHT (LBS)
FIN	0 - 72.8	0 - 63.9
FLY	72.9- 81.6	64 - 72.8
BANTAM	81.7- 90.4	72.9- 81.6
FEATHER	90.5- 99.2	81.7-90.4
LIGHT	99.3 – 108	90.5- 97.0
WELTER	108.1- 116.8	97.1 -103.6
LT. MIDDLE	116.9- 125.7	103.7- 112.4
MIDDLE	125.8- 134.5	112.5- 121.3
LT. HEAVY	134.6- 143.3	121.4- 130.1
Heavy	143.4 +	130.2 +

Elite Competitors – Ages (15 - 17) ALL BELTS / 1 min 30 sec, 2 rounds, 30 sec break COLOR BELTS – Light Head Contact / BLACK BELTS – Full Head Contact

DIVISION	MEN'S WEIGHT (LBS)	WOMEN'S WEIGHT (LBS)
FIN	0 - 99.2	0 - 92.6
FLY	99.3 - 105.8	92.7 - 97.0
BANTAM	105.9 - 112.4	97.1 - 101.4
FEATHER	112.5 - 121.3	101.5 - 108.0
LIGHT	121.4 - 130.1	108.1 - 114.6
WELTER	130.2 - 138.9	114.7 - 121.3
LIGHT MIDDLE	139.0 - 149.9	121.4 - 130.0
MIDDLE	150.0 - 160.9	130.1 - 138.9
LIGHT HEAVY	161.0 - 172.0	139.0 - 149.9
HEAVY	172.1 - 999.9	150.0 - 999.9

Elite Competitors – Ages (18 - 32) ALL BELTS / 1 min 30 sec, 2 rounds, 30 sec break All Belts – Full Head Contact

DIVISION	MEN'S WEIGHT (LBS)	WOMEN'S WEIGHT (LBS)
FIN	0 - 119.0	0 - 101.4
FLY	119.1 - 127.9	101.5 - 108.0
BANTAM	128.0 - 138.9	108.1 - 116.9
FEATHER	139.0 - 149.9	117.0 - 125.7
LIGHT	150.0 - 163.1	125.8 - 136.7
WELTER	163.2 - 176.4	136.8 - 147.7
MIDDLE	176.5 - 191.8	147.8 - 159.9
HEAVY	191.9 - 999.9	160.0 - 999.9



The 1st Korean Ambassador's Cup KORUS Tae Kwon Do Championship COMPETITION RULES

Poomse Rules

Poomse competitors must perform only the authorized poomse designated for their specific rank. Scores will be based on: Proper order, Beauty, Grace, Rhythm, Accuracy, Power, Technique, and Attitude.

Gyoroogi Rules

Open Championship Competitors

- No Head Contact for all ages & all belts
 - Any technique contacted to the head area which does not cause any injury, will be given a warning by the referee ("Kyong-go").
 - Any technique, which causes injury to the head area will result in a one-point penalty by the referee ("Gam-jeom").
 - If the competitor cannot continue because of the injury to the head area, the attacker will be disqualified.
- All competitors will be divided into Light / Middle / Heavy division
- Point system:
 - Body: 1 pt or turn kick 2 pts

Elite Championship Competitors

- Elite Competitors will follow USAT rules & regulation for Gyoroogi competition
- Only Elite Competitors Black Belts age 12-14 light head contact
 - a. The competitor is allowed to kick to the facial area; however, the kick must be light contact with appropriate control without causing any injury or excessive contact, or the appropriate penalty shall be invoked.
 - b. The competitor who executes a successful technique (light contact without causing any injury) shall be awarded three (3) points.
 - c. The competitor who executes a kick to the face which results in a minor injury shall receive a one-point ("Gam-jeom") penalty
 - d. The competitor who executes a kick to the face which results in the inability of the opponent to continue sparring because of injury shall be disqualified
- Only Elite Competitors Black Belt: Age 15 17 and 18 32 Full Head Contact
- Weight regulation:
 - \circ a. With full uniform +1 lb acceptable
 - b. Pre-Weigh in at your school with Master/Instructor's approval signature will be accepted. However, if competitor is 1lb over or under weight during competition time, they will be disqualified.
- Point system:
 - Body: 1pt or turn kick 2pts
 - Head: 3pts or turn kick 4pts



HOTELS NEARBY THE CONVENTION CENTER





Crowne Plaza Tysons Corner

Address	2722 Gallows Rd,
	Vienna, VA 22102
Tel	1-703-573-9555
Distance	14.5 mi (25 mins) to the Convention Center
Website	http://www.marriott.com/hotels/travel/iadcy -courtyard-dunn-loring-fairfax/

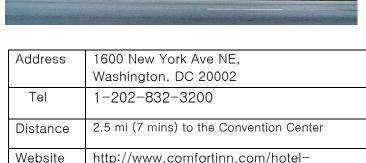
Fairfield Inn & Suites Dulles Airport Chantilly

Address	1960 Chain Bridge Rd,
	McLean, VA, 22102
Tel	1-703-893-2100
Distance	16.1 mi (26 mins) to the Convention Center
Website	http://www.ihg.com/crowneplaza/hotels /us/en/mclean/wasty/hoteldetail





Address	3960 Corsair Court,
	Chantilly, VA 20151
Tel	1-703-435-1111
Distance	25.6 mi (37 mins) to the Convention Center
Website	http://www.marriott.com/hotels/travel/ -fairfield-inn-and-suites-dulles-



washington-district_of_columbia-DC012

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Toll Free 1.800.963.4267, T. 703.658.1717, F. 703.658.3110, info@hanstravel.com 7601 Little River Tnpk., Suite 102, Annandale, VA 22003



PARKING INFORMATION



For Information on Hotels nearby the Convention Center, please call Hans Travel! 1-800-963-4267

Get special discounts when you book through Hans Travel!

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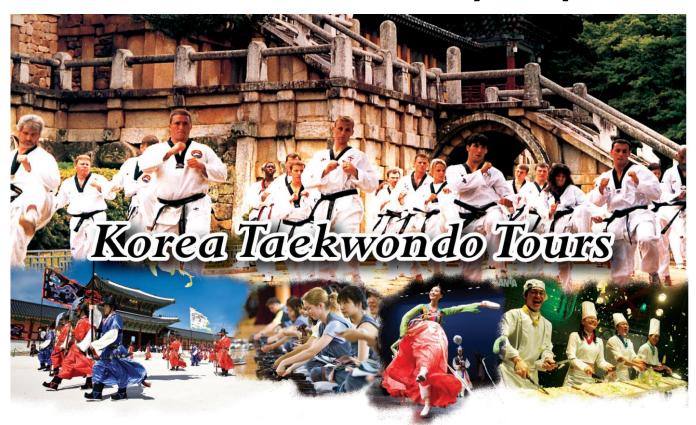


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Possible Tour Activities

• Visit Taekwondowon (Grand Opening April 2014)

- Temple Stay (Seoul, Busan, Gyeongju)
- Tour Seoul, Busan, Gyeongju, Jejudo & etc.
- Non-verbal Performances (Nanta, B-boy, Jump, Miso)



Seoul Highlights

- Gyeongbokgung Palace
- Namdaemun Market
- Changdeokgung Palace
- DMZ 3rd Tumnel
- Cheonggyecheon Stream
- Deoksugung PalaceNat'l Museum of Korea



Busan Highlights

- Yongdusan ParkUN Memorial Cemetary
- Taejongdae Park
- Haeundae Beach
- Beomeosa Temple(Temple Stay)
- Jagalchi Fish Market



Gyeongju Highlights

- Bulguksa Temple • Seokguram Grotto
- Seokguram Grotto
 Golgulsa Temple (Temple Stay)
- Golgulsa Temple (Te
 Bomun Lake Resort
- Bomun Lake Resor
 Anapji Pond
- Tumuli Park





Jejudo Highlights

- Mt. Hallasan Park
- Jungmun Resort Area
- Botanical Garden
- Udo Island
 Sunrise Peak
- Yongduam Rock
- i origouam Kock

Korea Tourism Organization supports Taekwondo groups' trip to Korea by sponsoring cultural performances, welcome gifts and a Korea Tourism presentation depending on the size of the groups. For more information, please contact KTO New York Office.



New York Office

2 Executive Drive, Suite 750, Fort Lee NJ, 07024 TEL: 201-585-0909 / 800-TOUR-KORE(EA) (868-7567) E-mail: <u>ny@kntoamerica.com</u> www.visitkorea.or.kr SHILLA TRAVEL Your interests, your goals. We'll help you get there. TEL: 201-471-1222 (NJ) / 212-678-1222 (NY) E-mail: <u>shillatravel@yahoo.com</u> www.shillatravel.com

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The Korean Cultural Center Washington D.C.

The Korean Cultural Center Washington D.C. works in and around the metropolitan area to raise awareness of Korean culture through exhibitions, performances, film screenings, pop culture and social events, language classes, and more. More information, plus special online events, can be found on the cultural center's website at www.KoreaCultureDC.org and Facebook page at www.facebook.com/KoreaCultureDC.



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